

breakfast

smoothies

yorkshire rhubarb 16
*coconut water, rhubarb crush
local bee pollen, honey*

fitness & protein 18
*omega seed butter, raw almond milk
wild blueberry, hemp, chia, dates*

pancakes & french toast

french toast 26
*caramelised apple
maple syrup*

buttermilk pancakes 24
*mixed berries, banana
maple syrup*

almond pancakes 22
*house-made almond butter
gluten free pancakes
whipped banana cream*

house-baked breads & muffins

toast 7
*white, 7 grain, sourdough, rye
english muffin*

vegan blueberry matcha muffin 7

energising & fresh

market fruit plate 25

vanilla chia bowl 18
*dates, cacao, brazil nut
hemp seed, berries*

coconut yoghurt bowl 15
*coconut yoghurt
rhubarb and rose compote
amaranth-pistachio granola*

wild blueberry bowl 22
*jungle peanut butter
fresh & dried fruit*

steel cut irish oatmeal 13
banana, cinnamon, raisin

avocado toast 21
sunflower seeds, lime, chili flakes
add poached eggs 8
add smoked salmon 12

viennoiserie

croissant 6
*pain au chocolat 6
almond croissant 7*

seasonal viennoiserie basket 26

cacklebean farm eggs

eggs in any style 16
*crispy potatoes, cherry tomato
choice of toast*

whole egg omelette
or egg white omelette 24
*choice of smoked salmon, tomato
spinach, onions, peppers, mushroom
cheddar cheese, mozzarella or
goat cheese, choice of toast*

softly scrambled eggs 24
*aged cheddar cheese, broccoli
dill, choice of toast*

dosa 22
*egg, sambal, cheddar cheese
dill, mint*

egg sandwich 24
brioche bun, bacon, cheddar cheese

eggs benedict
*suffolk ham, english muffin 26
florentine sautéed spinach 26
royale smoked salmon 34*

english breakfast

full english breakfast 32
*grilled mushroom, baked beans
crispy potatoes, cherry tomato
bacon, sausage, black pudding
choice of toast
freshly squeezed orange juice
coffee or tea*

sides 8

*free range chicken sausage
pork & herb sausage
smoked bacon
baked beans
roasted mushrooms
ham
cherry tomato
smokin' brothers smoked salmon 14*

drinks

juices

green juice 15
*ginger, spinach, granny smith apple
cucumber, lemon, curly kale*

ruby red 15
carrot, beet, lemon, ginger, orange

turmeric tonic 14
lime, lemon, honey

orange juice 11

grapefruit juice 11

apple 11

others available upon request

coffee

responsibly sourced, carbon negative
organic coffee roasted in london
by kiss the hippo

americano

cappuccino

flat white

latte

mocha

chai latte

matcha latte

cortado

single espresso

double espresso

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tea

ethically sourced teas & herbals
hand crafted in bristol by canton

english breakfast

earl grey

jade tips green

moroccan mint

jasmine silver needle

botanical calm

matcha tea

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due to the presence of allergens in our kitchen, we unfortunately cannot guarantee any menu item will be completely free from a particular allergen. all prices are inclusive of vat at the current rate. a discretionary service charge of 15% will be added to your bill.