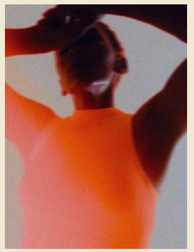
TREATMENTS

2026



NEW WORLDS OF WONDER

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SURRENNE
COLLECTION
SIGNATURE
ONE
FACIALS

SURRENNE GOLD FACIAL: HYDRATE, ILLUMINATE, GLAM

(60 MINUTES / 90 MINUTES)
£250 / £330

Unlock the skin's natural powers of healing and rejuvenation. This groundbreaking treatment, combining four vital technologies — Oxygeneo, Tripollar RF, ESA and Ultrasound — offers immediate radiance to the complexion of the face, neck, and décolleté by replenishing oxygen and promoting renewal. Following a thorough consultation, the process is tailored to the individual skin-care requirements of every client and is boosted by the application of a specially developed Geneo Serum rich in essential Vitamins E and B, as well as Hyaluronic Acid.

SURRENNE DETOX: GREEN TEA FACIAL

(30 MINUTES) £160

Marnessing the well-documented and fortifying properties of the tea leaf at its most ripe, the Surrenne Detox Green Tea Facial was developed to boost the skin's ability to resist external stressors. Powerful antioxidants supplied by Copper Gluconate and Green Tea Extract are a first defence against the free radicals commonly found in urban environments. Further benefits of these properties include refining skin texture and lending a bright, more clarified appearance. The equivalent of drinking a daily cup of warm tea, the effect is one of balance, rejuvenation, and joy.

SURRENNE BALANCE: CHARCOAL FACIAL

(30 MINUTES) £160

For skin seeking equilibrium, and relief from the effects of excess oil, charcoal has been used for millennia as a curative friend. An abundant natural resource, the Bamboo strain found commonly in parts of East Asia is particularly effective at detoxifying and soothing the body's largest organ. Used here in combination with Camu-Camu extract, which is infused with vitamins and antioxidants, the effect is one of instant gratification and harmony. Skin enjoys a lasting, healthy appearance and is spared the worry of excess shine.

THE LYMA PRO FACIAL

(75 MINUTES) £250

Like a harmonious pas de deux, this treatment is a dance between LYMA's award-winning laser technology and the massage techniques of world-leading facialists. The result? Skin that's instantly firmed and fully refreshed. Once the skin is prepped, a stimulating hands-on massage with the low-level LYMA laser promptly lifts and sculpts the face. An oxygen-rich mask seals in the work while the massage moves onto the scalp, tension melting away with each touch. To finish, LYMA Serum and Cream is smoothed onto the face in gentle layers, the transformative power of epigenetic skincare fortifying the skin.

DR. MACRENE

DR. MACRENE ALEXIADES HOLDS THREE DEGREES FROM HARVARD UNIVERSITY. HER PRACTICE AND ACADEMIC WORK ARE FOCUSED ON TOPICAL DERMATOLOGIC REGENERATIVE THERAPIES, LASER TECHNOLOGY AND SKIN REJUVENATION. HER RESEARCH ON CLEAN BEAUTY DATES BACK OVER 40 YEARS, AND HER OWN SKINCARE LINE, MACRENE ACTIVES, WAS FOUNDED IN 2020.

THE MACRENE METHOD

(60 MINUTES) £300

This 60-minute facial is designed to rejuvenate, restore, and visibly lift, It incorporates Dr. Macrene's award-winning products and industry-leading technologies; LED-light therapy, ultrasonic extractions, and micro-current toning. This transformative ritual works across the face, neck, and décolleté. This treatment will result in a sculpted and designed visage, with visibly nourished and radiant skin.

THE MACRENE METHOD SUPREME

(90 MINUTES) £370

This 90-minute facial begins with a meticulous cleanse and LED activation. The ritual continues with ultrasonic extractions, ultrasound infusion, and radiofrequency lifting, in a standout example of Dr. Macrene's regenerative philosophy. Next, a sequence of sculpting massage and cryotherapy enhances tone and luminosity, while potent actives target each layer of the skin. The result is visibly firmer, clearer, and beautifully radiant skin.

THE MACRENE METHOD BODY

(75 MINUTES) £500

This results-driven body treatment harnesses the power of Dr. Macrene's high-performance skincare, beyond the face. Industry-leading equipment allows the thighs, abdomen, and arms to be targeted with a deep precise clinical approach. Toning, smoothing, and firming are achieved through a combination of deep infusion, focused massage, and bespoke Dr. Macrene body formulations. This transformative ritual works in harmony with the facial protocols, allowing for a rejuvenating top-to-toe reset.

DR. LARA DEVGAN

PREEMINENT IN THE FIELD OF PLASTIC SURGERY AND AESTHETICS, DR. LARA DEVGAN'S CLIENTS ARE AMONG THE MOST PHOTOGRAPHED IN THE WORLD. FEATURED IN VOGUE AND HARPER'S BAZAAR, HER AWARD-WINNING PRACTICE AND SKINCARE LINE HAVE BEEN PRAISED FOR INTEGRATING SCIENTIFICALLY BACKED INGREDIENTS OF THE UTMOST EFFICACY WITH A SENTIMENT OF LUXURY AND DECADENCE.

BRIGHTENING FACIAL

(60 MINUTES) £240

Beginning with a facial steam, this definitive treatment resolves matters of dullness, hyperpigmentation, melasma, discolouration, and sun damage, utilising antioxidant-rich products from the Dr. Devgan line. The process is followed by a deep cleanse harnessing the benefits of phyto-peptides and vitamins, a microdermabrasion scrub to purify, and an antioxidant serum applied using lymphatic massage. Once purified and sculpted, the Gold Collagen Mask is then applied to the face to promote skin resurfacing; followed by Peptide Eye Cream, Resveratrol Night Cream, and Niacin+Squalene Neck Firming Cream for lasting hydration and glow.

RESTORATIVE PERFORMANCE FACIAL

(60 MINUTES) £240

A relieving treatment for skin that is subject to strenuous activity: following a facial steam, a deep, refreshing cleanse and a microdermabrasion scrub, extractions are performed to rid the skin of impurities. Alpha Beta Hydroxy Pads, followed by a gentle, microchemical peel using Salicylic, Glycolic, and Lactic Acid are then applied to prevent any further build-up. Once cleansed, a relaxing deep tissue is facilitated by the niacinamide-infused Hyaluronic Serum which also has the benefit of promoting the production of collagen and elastin. This is then followed by the nourishing Gold Collagen Face Mask, before a lasting dose of hydration from Peptide Eye Cream, Resveratrol Night Cream or Advanced Recovery Cream, and Niacin+Squalene Neck Firming Cream.

THE REJUVENATING FACIAL

(90 MINUTES) £320

For depleted skin in search of nourishment, this specialist treatment begins — like all of our facials — with a steam, followed by a deep, refreshing cleanse and a microdermabrasion scrub. Here the latter is combined with a deep-tissue lymphatic massage to rid the skin of impurities and promote a more sculpted appearance. Improving barrier protection and bolstering the skin against external stressors, Niacinamideinfused Hyaluronic Serum and Vitamin C+B+E Ferulic Serum are applied liberally before the Gold Collagen Mask which promotes skin resurfacing and collagen production. Peptide Eye Cream, Resveratrol Night Cream, and Niacin+Squalene Neck Firming Cream provide lasting nourishment and improve the appearance of fine lines.

TREATMENT ADD-ONS

EACH ADD-ON IS THOUGHTFULLY CURATED TO REFINE, RESTORE, AND AMPLIFY YOUR RESULTS, CREATING A TRULY BESPOKE EXPERIENCE. WHETHER YOU SEEK SCULPTING, HYDRATION, OR RADIANCE, THESE INDULGENT TOUCHES ARE DESIGNED TO COMPLEMENT AND PERFECT. DISCOVER THE ART OF CUSTOMISATION — WHERE EVERY DETAIL IS IN SERVICE OF YOUR SKIN.

PATCHES

SLEEP
HEAL
CALM

£15 ADD-ON

Ross J Barr patches offer targeted herbal support for a range of everyday concerns. The Sleep Patch features a curated blend of herbs like wild jujube seed, coix seed, and polygala to help calm the mind and encourage deeper, more restful sleep—ideal for those experiencing insomnia or disrupted sleep patterns. The Heal Patch provides natural, effective relief for common aches and pains, including menstrual discomfort, making it a convenient go-to for soothing physical tension. For mental clarity and emotional ease, the Calm Patch helps alleviate headaches, stress, brain fog, and neck tension with a thoughtful selection of calming herbs—each patch discreetly designed to deliver fast, focused support.

HYDROJELLY MASKS

HYALURONUIC ACID
ANTIOXIDANT GOJI
PURIFYING ACTIVATED CHARCOAL

£30 ADD-ON

Jelly Masks deliver targeted skincare benefits with rich, nourishing formulas designed to hydrate, protect, and purify. The Hyaluronic Acid Mask deeply hydrates and plumps the skin, enhancing moisture retention while supporting collagen synthesis for improved elasticity, firmness, and a dewy, supple glow. The Antioxidant Goji Mask, packed with Vitamin C, helps neutralize free radicals, promoting a radiant, even-toned complexion and offering powerful anti-aging benefits. For a deeper cleanse, the Purifying Activated Charcoal Mask draws out impurities while delivering antioxidant protection, leaving skin clear, balanced, and visibly refreshed.

ADD-ONS ARE EXCLUSIVELY AVAILABLE WHEN BOOKED ALONGSIDE A TREATMENT. ADD-ONS CANNOT BE RESERVED AS STANDALONE SERVICES.

VAMPIRE PLLA MASK

£30 ADD-ON

The Vampire PLLA Mask contains a powerful blend of Collagen Restoration Infusion and Poly-L-Lactic Acid, formulated to boost natural collagen regeneration and gradually increase skin thickness for a smoother, more refined appearance. This advanced treatment helps restore facial volume and firmness lost through aging, delivering visible firming and plumping effects for a revitalised, youthful look.

THERABODY LED MASK RITUAL

£30 ADD-ON

Extend your facial or massage with a Therabody LED mask treatment, performed inside your private treatment room. Using advanced red, blue, and infrared light technology, this express ritual works to reduce inflammation, stimulate collagen production, improve skin texture, and reduce blemishes, all while calming and restoring the skin. This ritual has been specifically created to amplify the benefits of your primary treatment, and will leave skin looking visibly brighter, firmer, and deeply revitalised.

LYMA LASER

£60 ADD-ON

LYMA laser stimulates surplus collagen production in the dermis and epidermis, transforming fine lines and wrinkles in days. The treatment lifts, sculpts and tightens skin by stimulating the body's production of collagen, reinforcing the extracellular matrix to empower skin and regain youthful elasticity.

ADD-ONS ARE EXCLUSIVELY AVAILABLE WHEN BOOKED ALONGSIDE A TREATMENT. ADD-ONS CANNOT BE RESERVED AS STANDALONE SERVICES.

COLLECTION
TWO
LONGEVITY

HYPERBARIC OXYGEN THERAPY

(60 MINUTES) £150
(90 MINUTES) £200

Hyperbaric Oxygen Therapy immerses the body in a pure, pressurised oxygen environment to accelerate cellular regeneration and optimise vitality. This deeply restorative experience enhances cognitive clarity, energy, and recovery. A modern, science-led ritual designed to elevate long-term wellbeing.

LEG COMPRESSION THERAPY (ADD-ON)

(30 MINUTES) £50

Leg compression therapy gently supports blood circulation by applying controlled pressure to the limbs, helping reduce swelling and fatigue. Often used for recovery or chronic conditions, it brings a quiet sense of relief, easing tension and encouraging natural flow throughout the body.

COLLECTION
THREE
MASSAGE

I NEED IT ALL

TIME TO HEAL

(60 MINUTES / 90 MINUTES)
£250 / £320

In this tailor-made treatment, an in-depth consultation is conducted to understand your specific needs. A trained and multi-disciplinary therapist will then curate an hour-long service comprising massage techniques from different traditions, including deep tissue, Thai massage, Ayurveda, Shiatsu, and trigger points. This is a particularly effective approach for those suffering from specific aches, pains, or ailments and seeking targeted treatment.

DOWNTIME

TIME TO PAUSE

(60 MINUTES / 90 MINUTES)
£250 / £320

This restorative procedure begins with a full body massage, comprised of elongated strokes to enhance relaxation. The feet are then warmed, and reflex points are massaged. All of which takes place on the comfort of a heated water mat. A variation on Shirodhara, an Ayurvedic procedure in which warm adaptogenic oil is poured from a vessel onto the forehead's third eye chakra. Here, the therapist conducts a similar routine by hand, followed by a deep head massage to improve sleep quality, relax the nervous system, and alleviate stress.

THE RECOVERY RITUAL

TIME TO RESTORE

(60 MINUTES / 90 MINUTES)
£250 / £320

Inspired by restorative movement practices, this magnesium-infused bodywork treatment releases muscular tension, improves circulation, and restores fluidity of motion. The ritual begins with a warm foot cleanse before tailored massage techniques and sculpting scraper work ease tightness through the legs, back, and upper body. A calming neck and scalp ritual with pulse-point application completes the experience, leaving the body grounded, supple, and renewed. The treatment offers an enhanced experience, incorporating a magnesium-rich foot soak and triple-action exfoliation, along with the signature banana stretch to encourage deeper mobility and release.

DEEP TISSUE ADAPTOGENIC

(60 MINUTES / 90 MINUTES)
£250 / £320

Adaptogenics are natural ingredients celebrated for their ability to calm and soothe. Supplied here in aromatic oil form, they are applied to the skin using a range of techniques, including deep tissue massage, stretching, infrared heat, live sound therapy, and biodynamic approaches to provide you with stress reduction, pain relief, emotional release, a sense of security and renewed confidence in your body. This adaptogenic massage goes beyond the surface, helping to shift energies, connecting you with your deeper self. Discover profound relaxation and balance.

MATERNITY MASSAGE

(60 MINUTES / 90 MINUTES)
£250 / £320

Gentle, cautious, and attentive, this specialist treatment is designed for expectant and new mothers alike, from the second trimester through to post-partum. Emphasis is on the alleviation of muscle tension and fatigue, with gentle strokes applied to the whole body and specific areas of concern, while assisting to ease any other attendant discomfort during and after pregnancy.

FOUR HANDS ULTIMATE SYNCHRONISED CEREMONY

(90 MINUTES) £540

The restorative power of touch is amplified in this transcendent treatment comprising simultaneous contact by two practitioners. A careful choreograph, formulated to alleviate tension at the deepest level of the muscular tissue, is facilitated by the use of adaptogenic Chakra oil. Adaptogenics are naturally derived extracts utilised to reduce stress. Here they infuse light, aromatic oils whose purpose is to both relax the body and gently reinvigorate its energetic systems. A combination of light strokes and more concerted pressure soothes the muscles and fascia, resulting in the rebalance of both body and mind.

THE ULTIMATE SLIMMING AND DRAINING RITUAL

(60 MINUTES / 90 MINUTES)
£275 / £345

Designed to sculpt and refine the silhouette, this body ritual begins with a massage to relieve water retention and encourage lymphatic flow. Then, a remodelling massage works to reshape contours and improve skin tone, before the treatment concludes with maderotherapy, using sculpted wooden tools to stimulate microcirculation. The 90 minute session includes application of slimming bandages.

EXPERIENCE SURRENNE TOGETHER

A SELECTION OF PRIVATE EXPERIENCES FOR COUPLES AND DUOS – THE PERFECT OPPORTUNITY TO RELAX WITH A FRIEND OR LOVED ONE. PLEASE CONTACT SURRENNE EXPERTS TO CREATE PRIVATE BESPOKE RITUALS SELECTED FROM OUR EXTENSIVE TREATMENT MENU.

MOTHER AND DAUGHTER

(60 MINUTES) £500 FOR TWO

A restorative way to consolidate bonds and spend quality time. Tune out from the world and unwind in our relaxing environs while enjoying a side-by-side massage. Relieve stress, experience deep muscular decompression, and relish in an aromatic ambience alongside the company of your nearest and dearest.

COUPLES RITUAL

(60 MINUTES / 90 MINUTES)
£500 / £640 FOR TWO

Experience harmony together, with a relaxing side-by-side massage specifically designed to balance the body's energy points. Warm adaptogenic oil is also poured onto the forehead's third eye chakra, followed by a scalp massage to improve sleep quality, relax the nervous system and treat stress, anxiety, and insomnia. The treatment continues with a full-body massage.

COLLECTION
FOUR
WET ROOM
EXPERIENCES

SIGNATURE PURIFYING WHITE ONYX WET SPA EXPERIENCE

(60 MINUTES) £280

This full-body bathing experience is performed in our white onyx wet spa treatment room. Recline on a bed made of this purifying crystal, while enjoying a body cleanse with organic olive soap and a full body polish using Himalayan and Red Alea Salts. Our signature white clay and rhassoul body mask is then applied to the body, while a facial cleanse and hair oiling follows. The mask is removed with an aromatic milk cleanse and the treatment completed with the application of our Signature Surrenne balm and oil.

BESPOKE CLEANSE & PURIFY

(60 MINUTES) £250

This classic full-body wet spa experience starts with an aromatic steam bath to open the pores and activate the senses. Olive-based soap is then used to deep cleanse the skin before an exfoliation mitt is applied to increase circulation. Your chosen clay body mask is painted on to the whole body, while a facial mask is applied, and the hair is cleansed. The treatment is finished with a personal choice of balms, oils, or whipped shea butters.

SCALP & BODY SPA RITUAL

(60 MINUTES) £250

Experience crown-to-toe replenishment and full-body indulgence. The treatment begins with five minutes of steam followed by a relaxing full body massage with aromatic herbal compresses to calm the muscles and liberate the pores. The scalp is deep cleansed using vegan silk peptide and keratin shampoo. It is then exfoliated with jojoba beads infused with mint to reawaken and refresh. A nourishing scalp mask is then applied alongside a deep intensive scalp massage where gua sha is used to stimulate the blood vessels, after which the hair is combed. Whilst the mask is on, the therapist will perform a facial cleanse and mask application. This is finished with scalp serums and ultra-light hair oil.

FOUR HANDS SCALP & BODY RITUAL

(60 MINUTES) £480

Total rejuvenation beckons, all at the hands of two practitioners performing a synchronised detoxing scalp and full body ritual. Cleansing, brushing and exfoliating prepares the scalp for a hair mask. A massage around the scalp and décolleté melts tension away. Exfoliation with Hamman soap followed by honey, oil and a mineral-rich infusion of salts awaken the skin's inner glow. A cleansing ceremony removes the hair mask. And without missing a beat, on goes the body mask – tailored and specially mixed – in a dance with a scalp massage. Drawing the ritual to a close is a four-handed massage with luxurious souffle body oils, balms and hydrating scalp serum. Emerge deeply cleansed and renewed.

PURIFYING SCALP TREATMENT

(30 MINUTES) £130 ADD-ON

The scalp is deep cleansed using vegan silk peptide and keratin shampoo. It is then exfoliated with jojoba beads and rinsed with rose water to reawaken and refresh. A nourishing scalp mask is then applied while you receive a deep intensive scalp massage. A Kansa wand is used to stimulate the scalp, and the hair is combed. This is finished with scalp serums and ultra-light hair oil.

OUR EXPERTS

NIEVE TIERNEY

NIEVE TIERNEY, RENOWNED ENERGY HEALER, COACH, AND AUTHOR - THE REIKI MASTER HERE AT SURRENNE, NIEVE'S PHILOSOPHY IS GROUNDED IN A CORE BELIEF: "EACH OF US HOLDS A UNIQUE VIBRATION, WHICH WE CAN SENSE AS SOON AS WE MEET SOMEONE - AND THIS FREQUENCY CAN BE OPTIMISED THROUGH SIMPLE ENERGY PRACTICES."

5D REIKI
CLEANSE & CLEAR

(75 MINUTES) £265

In this powerful 75-minute Reiki session, Nieve will calm your nervous system and balance your energy. This treatment opens up the flow that runs through the body, unblocking trapped energy and alleviating pain, stress, and stuck emotions. During the treatment, Nieve places a personalised crystal map along your body to amplify the flow of energy. The session concludes with an explanation of your energetic blueprint and feedback on the crystal mapping applied.

DAISY ROBINSON

RENOWNED FOR HER EXPERTISE AND INTUITIVE HEALING TOUCH, AWARD-WINNING REFLEXOLOGIST DAISY IS THE GO-TO WELLNESS PRACTITIONER FOR THOSE SEEKING BALANCE, C L ARITY, AND REJUVENATION. DAISY OFFERS TAILORED REFLEXOLOGY EXPERIENCES THAT GO BEYOND RELAXATION - ADDRESSING STRESS-RELATED AILMENTS, SLEEP DISORDERS, HORMONE IMBALANCES, AND THE NEED FOR SPIRITUAL ENERGY RESETS.

FOOT REFLEXOLOGY

(60 MINUTES / 90 MINUTES)
£270 / £390

This gentle yet powerful treatment applies focused pressure to specific reflex points on the feet, each corresponding to key organs, systems, and energy pathways within the body. By stimulating these points, the treatment enhances circulation, relieves tension, strengthens the immune system, balances hormones, and promotes deep relaxation and overall wellbeing.

ADVANCED FACIAL REFLEXOLOGY

(60 MINUTES / 90 MINUTES)
£270 / £390

Your journey begins with a soothing hot cloth cleanse, preparing your skin to fully absorb a luxurious blend of nutrient- rich facial oils - designed to enhance cell renewal, deeply hydrate, and soften fine lines and wrinkles. Daisy then intuitively works through a deeply relaxing facial reflexology sequence, combining energy healing, precise stimulation of key facial reflex points, a crystal wand tool and lymphatic drainage massage moves. Often described as a ‘spiritual face-lift like no other.’

CRANIAL REFLEXOLOGY

(60 MINUTES / 90 MINUTES)
£270 / £390

A deeply calming yet profound transformative therapy that stimulates reflex points on the cranium (head) to promote relaxation, relieve tension, and restore balance. This unique treatment enhances circulation, releases fascia and cerebral fluids to support the body’s natural healing processes. Ideal for all ages, it can help with stress, headaches, digestive issues, and emotional wellbeing. Particularly beneficial for babies and children, aiding in sleep, reflux, and digestive discomfort. Each session is tailored to your unique needs for a deeply restorative experience.

ADVANCED FACIAL & FOOT REFLEXOLOGY

(90 MINUTES)
£390

A blissful, head to toe body ritual designed to restore balance, enhance wellbeing, and leave you glowing inside and out. Begin with Advanced Facial Reflexology to relieve tension, boost circulation, and enhance skin radiance Complete your experience with Foot Reflexology, using expert techniques to release stress, stimulate healing, and restore harmony to body and mind.

CRANIAL & ADVANCED FACIAL OR FOOT REFLEXOLOGY

(90 MINUTES)
£390

A deeply restorative experience designed to leave you feeling lighter, rebalanced, and radiant inside and out. Your journey begins with Cranial Reflexology and then choose your path with either: Advanced Facial Reflexology or Foot Reflexology. Tailored to your unique needs, both treatments work on physical, emotional, and energetic levels, leaving you feeling completely renewed.

CRANIAL, ADVANCED FACIAL, HAND & FOOT REFLEXOLOGY

(120 MINUTES)
£500

A full body healing experience designed to relax, rejuvenate, and restore your natural energy and radiance. This transformative journey begins with gentle yet powerful Cranial Reflexology to relieve stress, improve circulation, and restore balance. Next, Advanced Facial Reflexology— including a hot cloth cleanse, crystal wand therapy, and lymphatic drainage — releases tension and enhances your natural glow. Hand Reflexology follows, promoting deep relaxation and energy flow, before the experience concludes with Foot Reflexology, bringing your body into complete harmony.

ZONE FACE LIFT

(90 MINUTES)
£450

Zone Face Lift is an award-winning facial experience devoted to the art of ageing beautifully and naturally. More than a facial, it is a refined ritual designed to restore from within revealing a lifted, radiant, and effortlessly renewed complexion. A precise blend of advanced sculpting massage, facial reflexology, and lymphatic drainage techniques to stimulate circulation, tone facial muscles, and to support the skin’s natural regenerative processes, while inducing a deep state of calm.

GUILLAUME GUIBORDEAU

PIONEERING A REFINED APPROACH TO REGENERATIVE BODYWORK, GUILLAUME GUIBORDEAU IS THE CREATOR OF THE AXO METHOD, SHAPED THROUGH YEARS OF COLLABORATION WITH OSTEOPATHS, PHYSIOTHERAPISTS AND MOVEMENT SPECIALISTS. ROOTED IN A DEEP UNDERSTANDING OF THE BODY'S INTERCONNECTED SYSTEMS, HIS WORK SEEKS TO RESTORE BALANCE ACROSS MUSCLE, FASCIA AND CIRCULATION. NOW EMBRACED BY LEADING THERAPISTS ACROSS EUROPE, THE METHOD SUPPORTS ATHLETES AND HIGH-PERFORMING INDIVIDUALS IN ENHANCING MOBILITY, RECOVERY AND LONG-TERM WELLBEING.

THE FOUNDER'S TREATMENT

(75 MINUTES) £285

A deeply regenerative full body experience designed to restore mobility, release tension and support the body's natural recovery processes. This transformative treatment begins with advanced myofascial techniques to ease restriction and improve circulation, before moving into targeted neurological stimulation to awaken and rebalance the body's internal systems. Structural bodywork follows, enhancing joint mobility and postural alignment, while activating the circulatory and lymphatic pathways to support detoxification. The experience concludes with a renewed sense of lightness, leaving the body aligned, refined and restored.

HEALTH AND WELLNESS

PIONEERING MEDICAL CARE, DELIVERED WITH LUXURY; SURRENNE'S APPROACH CELEBRATES CONVERSATION OVER CONSULTATIONS, ELEVATING EVERY ASPECT OF YOUR HOLISTIC HEALTH.

OUR MEDICAL SERVICES ARE CONDUCTED IN PARTNERSHIP WITH SOLICE HEALTH. AT THE HELM OF THE MEDICAL TEAM STAND TWO OF THE MOST RESPECTED FIGURES IN PRIVATE MEDICINE: DR LIZA OSAGIE-CLOUARD AND DR TIM EVANS. THEIR COMBINED APPROACH DEFINES THE SURRENNE HEALTHCARE STANDARD. DEEPLY PERSONAL AND RIGOROUSLY MEDICAL.

CONSULTATIONS

GP CONSULTATION
£500
From £600 Out of hours
(45 minutes)

FUNCTIONAL MEDICINE
CONSULTATION £450
(60 minutes)

FULL HEALTH CHECK
Various packages available
including further diagnotics at
One Welbeck Hospital available
- based on initial consultation,
previous testing, history
and need.

FITNESS ASSESSMENT £150
(60 minutes)

NUTRITIONIST SESSION £400
(60 minutes)

BLOOD TESTING

PRICE RANGE £150-£1500

Each contains two
appointments, a 30 minute test
and 45 minute consultation with
results.

Example areas of investigation:
General wellness check
Hormonal health
(plus fertility/reproductive)
Performance health
Metabolic health
Skin allergy testing
Cancer screening
Sexual health
Gut health
Hair loss

FUNCTIONAL TESTING

VO2 MAX TESTING £350
(15 minutes)

RESTING METABOLIC
ANALYSIS £250
(30 minutes - fasting for a
minimum of 4-5 hours)

MOVEMENT AND
MUSCULOSKELETAL ANALYSIS
£250
(45 minutes)

GUT, NUTRITIONAL AND METABOLIC HEALTH

MICROBIOME ANALYSIS £500
Personalised prebiotic can
be created by the laboratory
to support developing your
personal microbiome.
(Completed at home,
results within 4-6 weeks)

FOOD INTOLERANCE
TESTING £400
(30 minutes bloods,
results within 2 weeks)

NUTRITIONAL PLANNING
Price based on requirements

PRE/PRO/SYN BIOTICS
Price based on requirements
and personalisation

GUT, NUTRITIONAL AND METABOLIC HEALTH

CONTINUOUS GLUCOSE
MONITORING £550
30 days -
20 minute explanation,
30 minute consultation,
45 minutes interpretation time

SIBO TESTING – FOODMARBLE
AMBULATORY TESTING FOR
METHANE/HYDROGEN £350
(45 minute consultation)

IMAGING & SCREENING
On request

Other services available on request, please discuss with the Surrenne clinical team.
Insurance management included for any secondary care referrals.

BIOLOGICAL AGE TESTING

The future of preventative medicine analysis shows your biological age on a cellular level. Protocols can be put in place to target key ageing pathways.

DNA METHYLATION (EPIGENETICS) WITH TELOMERES AND PACE OF AGEING ANALYSIS £600

GLYCANAGE £500

WHOLE GENOME SEQUENCING £850
Including Methylation Genetics targets

TREATMENTS

OSTEOPATHY
Prices vary, starting from £200 for 45 minutes

CHIROPRACTOR
Prices vary, starting from £160 for 30 minutes

REFLEXOLOGY
Prices vary, starting from £180 for 60 minutes

PHYSIOTHERAPIST
Prices vary, starting from £280 for 60 minutes

HYPERBARIC CHAMBER
£150 (60 minutes)
£600 (Bundle of 5)
£1050 (Bundle of 10)

ELECTROMYOSTIMULATION
£160 (20 minutes)
£400 (Bundle of 4, to be used within 1 month)

GP SERVICES

CONSULTATIONS
£500 at Surrenne
£600 Home visit
£600 Out of hours
£150 Phone consultation

PAEDIATRIC CONSULTATIONS
£500 Home visit
£650 Out of hours

MEDICATION PRESCRIPTIONS
from £50
Delivery service available

FITNESS TO FLY / WORK CERTIFICATE £150

VACCINATIONS
Prices vary
(45 minutes)

SUPPLEMENTATION

Pricing dependent on selection and need

NAD+ FOR HOME £375

INFUSIONS AT HOME / IN-ROOM
On request

ORAL SUPPLEMENTS
Prices vary

FURTHER DIAGNOSTICS

At OneWelbeck

MRI/MRA BRAIN SCAN £1200

ECHOCARDIOGRAM £800

ULTRASOUND CAROTIDS £500

AI MOLE MAPPING AND DERMATOLOGIST CONSULTATION £800

COMPUTED TOMOGRAPHY ANGIOGRAM £1000

BODY COMPOSITION ANALYSIS £350-£1500
Dependent on modality

LUNG FUNCTION TESTING
£600

MEN AND WOMEN FERTILITY ANALYSIS
Prices vary

MAMMOGRAM / ULTRASOUND / MRI BREAST £400-£1500
Dependent on combination required

Other services available on request, please discuss with the Surrenne clinical team.
Insurance management included for any secondary care referrals.

IV THERAPIES

IV THERAPY DELIVERS VITAMINS, MINERALS AND LONGEVITY-SUPPORTING COMPOUNDS DIRECTLY INTO THE BLOODSTREAM, ALLOWING EACH INFUSION TO WORK AT A CELLULAR LEVEL. DESIGNED TO SUPPORT HYDRATION, ENERGY AND OVERALL WELLBEING, EACH FORMULA IS PHYSICIAN-LED AND THOUGHTFULLY ADMINISTERED.

THE CENTURION

£476

This elite longevity drip works at the deepest cellular level to restore energy, sharpen the mind and awaken a sense of vitality from within. Feel energised, uplifted and renewed. Perfect for when a full body reset is needed.

Key Ingredients: NAD+, methylene blue, saline

JET LAG RESET

£396

This energising drip replenishes the amino acids, vitamins and minerals that physical exertion can deplete. Its unique formulation accelerates muscle repair, helping to restore energy and boost overall wellbeing.

Key ingredients: amino acid blend, B vitamins, magnesium

IMMUNITY ARMOUR

£380

This advanced drip supports the body's most complex defence mechanisms. It triggers deep cellular renewal and builds long-term resilience, helping to keep illness at bay and enable performance at the highest level.

Key ingredients: spermidine, saline, electrolytes

APEX

£440

Developed for high performers, this extraordinary drip sharpens cognition, accelerates recall and creates a quality of focus. Step into a state of effortless mental mastery and enjoy clearer thoughts and improved performance.

Key ingredients: cerebrolysin, NAD+, dextrose

Other services available on request, please discuss with the Surrenne clinical team.