



MEMBERSHIP
BROCHURE

⁰⁷ WELCOME
TO SURRENNE RIVIERA

¹⁰ WELLNESS
PIONEERS

¹⁶ THE SPACE

²² SRRN FITNESS

²⁸ TREATMENTS

³³ MEMBERSHIP

³⁶ HOW TO JOIN

SURRENNE RIVIERA MEMBERSHIP IS
AN INVESTMENT IN YOUR HOLISTIC
WELLBEING, AND AN EXPLORATION
OF BOUNDLESS WONDER

Fusing serenity and energy, step into a new era of experiential wellbeing, where genuine change unfolds through contemporary ritual, and the mind, body and soul elevate to new heights. At Surrenne Riviera we seamlessly blend the wonders of the earth, advancements in modern science, and cutting-edge treatments to provide a holistic approach to emotional wellbeing and physical health, sparking wonder and cultivating true longevity. Brought to you by Maybourne.





Designed in harmony with partners at the forefront of modern well-being, the Surrenne Riviera philosophy embodies a new era of total regeneration. Each treatment, each product, each ritual is a bespoke symphony blending the power of plants with the most advanced technologies, to offer truly transcendent experiences.

A new revealing sanctuary on the French Riviera – for the first time in France, Surrenne opens the doors to an exclusive universe to discover its wonders, which I am eager to unveil to you.

Dylan Lechevallier
Manager at Surrenne Riviera

PIONEERS

OF MODERN

WELLNESS

INTRODUCING OUR LEADING PIONEERS OF WELLNESS. ALLOW OUR EXPERTS TO GUIDE YOU TOWARDS REJUVENATION

PIONEERS OF MODERN WELLNESS

Pioneering medical care, delivered with luxury; Surrenne's approach celebrates conversation over consultations, elevating every aspect of your holistic health.

Our medical services are conducted in partnership with SOLICE Health. At the helm of the medical team stand two of the most respected figures in private medicine: Dr Liza Osagie-Clouard and Dr Tim Evans. Their combined approach defines the Surrenne healthcare standard.



DR LIZA
OSAGIE-CLOUARD

Named as one of London's best concierge doctors, an award-winning orthopaedic surgeon who trained in both New York and London. Dr Osagie-Clouard's PhD was in advanced research into the use of stem cells for healing, which prompted her passion for harnessing science and art to achieve true modern wellbeing.

DR TIM
EVANS

With over forty years of experience, Dr Evans has pioneered holistic, evidence-based care that unites medical science with complementary therapies. Formerly Apothecary to the late Queen Elizabeth II for 20 years, Dr Evans leads a new era of personalised, preventative, and longevity-focused healthcare.



ROSEMARY FERGUSON

Nutritionist and qualified functional medicine practitioner, Rosemary Ferguson, has brought her expertise to the forefront of wellness for over 10 years.

With a celebrity client roster and an evidence-based holistic health approach, she continues to inspire individuals to make informed, sustainable choices for a healthier, more vibrant life.

SEBASTIEN LAGREE

As an inventor, CEO and founder of Lagree Fitness, Sebastien Lagree continues to push the boundaries of the fitness industry and is a brand recognised worldwide. It is undeniable that Sebastien Lagree is at the forefront of the evolution of the wellness industry.

The Lagree Fitness method is based on five fundamental pillars of fitness: endurance, cardiovascular capacity, body composition, flexibility and strength.



A WORLD

FULL

OF

BOUNDLESS

WONDER

IMMERSED IN NATURAL LIGHT, FLOATING
BETWEEN SEA AND SKY, THE DESIGN IS
INSPIRED BY SOFT WATERS OF THE
MEDITERRANEAN SEA. A SOOTHING
ATMOSPHERE RESONANT OF
THE TRANQUIL BEAUTY OF
THE CÔTE D'AZUR

Each floor, designed by Michelle Wu, is a
work combining contemporary elegance and
transformative wellbeing.



Suspended between sea and sky, Surrenne Riviera reveals an experience of wellbeing rooted in rhythm, fluidity and light. High above the Côte d'Azur, this coastal sanctuary draws upon the elemental power of water to uplift, enlighten and heal - honouring the natural world as a source of ritual and restoration. Here, inner stillness and outer radiance flow together, in cadence with the tide.

A natural therapy: the design draws inspiration from the French Riviera, with subtle touches that celebrate its light, hues, and softness.

This serene and calming space is designed to liberate the mind: the colours, movements, and vastness of the sea act as a balm on the nervous system. Blue, recognised for its calming properties, induces a state of deep calm and naturally reduces stress.

Treatment Sanctuaries: Our five treatment rooms, bathed in soft light, are adorned with textures and shades evoking mist, water, and sky. An atmosphere conducive to letting go. Some open onto the sea, extending the horizon into your moment of relaxation. A duo treatment room invites you to experience this moment together.

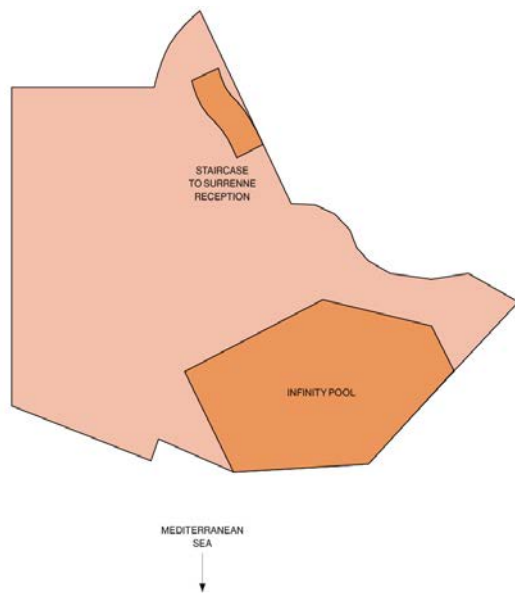
The Pool: Immerse yourself in the endless blue of our infinity pool, offering a spectacular view of the sea. This basin seems to merge with the vastness of the sea and sky, creating a unique and soothing swimming experience.

The Sauna: A ritual of dry heat, where the body releases, tensions melt away, and the mind regains clarity. The sauna invites you to a deep purification, stimulating circulation and promoting profound relaxation.

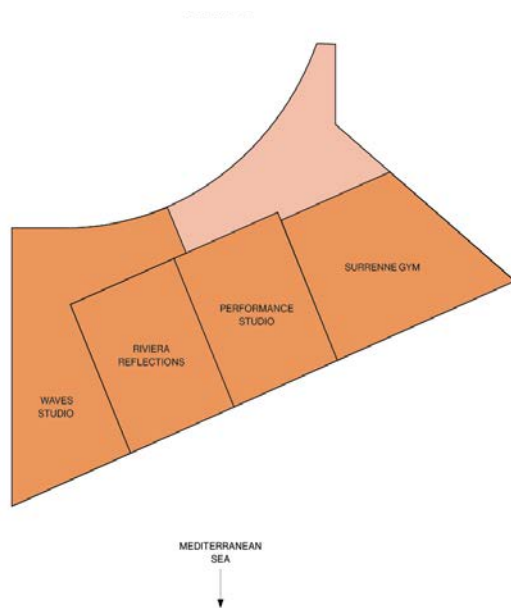
The Hammam: An enveloping steam bath, inspired by Eastern traditions, where warm humidity soothes, softens and regenerates. Let yourself be carried away by the beneficial mists of the hammam for a slow, gentle and purifying sensory experience.

The Cold Plunge: A striking awakening of the senses, toning and invigorating. Where the cold becomes a source of energy. Immerse yourself in the pure freshness of our cold bath to activate circulation, strengthen the body and revitalise the mind.

FIRST FLOOR - POOL



THIRD FLOOR - FITNESS



SECOND FLOOR - SPA





SRNN

FITNESS





Surrenne Gym: A fitness room dedicated to cardio and muscle strengthening, equipped with high-end equipment, carefully selected from exceptional brands such as Technogym, Pent and Nohrd.

Waves Studio: Designed for gentle practices like Pilates, yoga and stretching, to strengthen, relax and soothe the body. In a calm and inspiring atmosphere, each session invites you to reconnect with yourself, breathe deeply and regain the harmony of movement.

Performance Studio: Dedicated to customised training, in an environment conducive to effort and concentration. Accompanied by our coaches, each session becomes a moment to progress, refine your movements and reveal your potential.

Riviera Reflections: A space for a wide range of private and group classes, in a dynamic and motivating environment. Spinning, Lagree method, circuit training, HIIT, functional training or postural strengthening: each session is designed to awaken the body and recharge your energy.

The experience continues in a recovery space combining light therapy, pressotherapy and a stretching area, for optimal regeneration.

SRNN FOCUSES
ON CORE STRENGTH AND
HOLISTIC WELLNESS, RESULTING
IN PEAK PERFORMANCE AND
ULTIMATE FITNESS OPTIMISATION

MODERN RITUALS THAT AWAKEN TRUE TRANSFORMATION

I NEED IT ALL



60/90 MINUTES

In this tailor-made treatment, an in-depth consultation is conducted to understand your specific needs. A trained and multi-disciplinary therapist will then curate a hour-long service comprising massage techniques from different traditions, including deep tissue, Thai massage, Ayurveda, Shiatsu, and trigger points. This is a particularly effective approach for those suffering from specific aches, pains, or ailments and seeking targeted treatment.

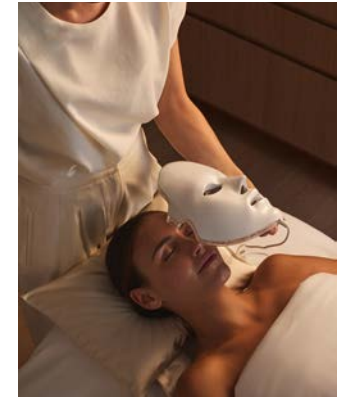
THE ULTIMATE SLIMMING AND DRAINING RITUAL



75/90 MINUTES

Designed to sculpt and refine the silhouette, this body ritual begins with a massage to relieve water retention and encourage lymphatic flow. Then, a remodelling massage works to reshape contours and improve skin tone, before the treatment concludes with maderotherapy, using sculpted wooden tools to stimulate microcirculation. The 90-minute treatment also includes cryo-active wraps to stimulate circulation and boost detoxification.

THE BIOSCULPT FACE RITUAL



90 MINUTES

Blending biological expertise, precision technology, and luxury skincare rituals, this treatment begins with a skin diagnostic using Biologique Recherche's methodology. The facial pairs formulas delivers comfort, firmness and intense hydration with LED therapy and EMS, stimulating microcirculation, optimising product absorption and boosting cellular regeneration. A visibly lifted, revitalised and radiant complexion awaits.



UNVEIL NEW WORLDS WITHIN AND AROUND YOU

MEMBERSHIP

MONTHLY MEMBERSHIP INCLUSIONS

- Access to all Surrenne Riviera spaces including the contrast therapy suite (hammam, sauna, cold plunge), relaxation room and fitness area.
- Unlimited access to Surrenne fitness classes, including Lagree.
- A fitness consultation with body composition analysis.
- One private training session.
- A skin diagnosis performed by our beauty experts, followed by a tailored, advanced facial treatment.
- Two guest passes.
- Valet and shuttle service between The Maybourne Riviera and La Môme Riviera.
- Welcome gift.
- Complimentary laundry service included for gym apparel.

Preferential rates for all memberships:

- All restaurants and bars (abc kitchens riviera, Riviera Restaurant, Le 300, La Môme Riviera and La Piscine).
- Studio and suite bookings at The Maybourne Riviera.
- All treatments, Surrenne Riviera boutique and Biologique Recherche products.

MEMBERSHIP
WILL ELEVATE
YOUR WELLBEING TO
UNPARALLELED HEIGHTS

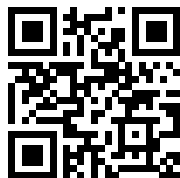
EMBARK ON

AN AWE

INSPIRING

JOURNEY

For membership applications or for any assistance with membership, please scan the QR code to contact membership-riviera@surrenne.com



MONTHLY MEMBERSHIP:

INDIVIDUAL MEMBERSHIP RATE: 2,400 €
(+1,000 € joining fee).

JOINT MEMBERSHIP RATE: 3,800 €
(+ 1,000 € joining fee per person for direct family members only).

Members at Surrenne Riviera are able to request access to La Piscine and lounge chairs at La Môme Riviera during peak times. Availability and pricing upon request.

Should you desire a bespoke duration, our team will be pleased to curate a membership experience tailored exclusively for you.

