

# STUDIO TIMETABLE

CLASSES ARE £30 FOR HOTEL GUESTS AT THE EMORY AND THE BERKELEY

REFORMER CLASSES ARE £50 FOR HOTEL GUEST AT THE EMORY AND THE BERKELEY

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
<b>Reformer Pilates</b> 9.00-9.50am With Kerry	<b>Reformer Pilates</b> 10.30-11.20am With Alli			<b>Zen Yoga</b> 9.15-10.15am With Bhavin	<b>Reformer Pilates</b> 10.00-10.50am With Kerry	<b>Reformer Pilates</b> 10.00-10.50am With Sam
<b>Reformer Pilates</b> 11.00-11.50am With Kerry	<b>Kettlebells</b> 2.30-3.00pm With Halil		<b>Reformer Pilates</b> 12.30-13.20pm With Sam	<b>Mat Pilates</b> 10.30-11.30am With Alli	<b>Reformer Pilates</b> 12.00-12.50pm With Kerry	<b>Reformer Pilates</b> 12.00-12.50pm With Sam
	<b>Zen Yoga</b> 7.30-8.30pm With Bhavin		<b>Reformer Pilates</b> 6.00-6.50pm With Issi	<b>Reformer Pilates</b> 12.00-12.50pm With Alli		
			<b>Zen Yoga</b> 7.30-8.30pm With Bhavin			