STUDIO TIMETABLE

CLASSES ARE £30 FOR HOTEL GUESTS AT THE EMORY AND THE BERKELEY
REFORMER CLASSES ARE £50 FOR HOTEL GUEST AT THE EMORY AND THE BERKELEY

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Reformer Pilates 11:00-11:50am With Kerry	**Mat Pilates** 10:30-11:20am With Josephine	**Reformer Pilates** 7:30-8:20am With Kerry	**Zen Yoga** 7:30-8:30am With Bhavin	**Zen Yoga** 9:15-10:15am With Bhavin	**Reformer Pilates** 10:00-10:50am With Kerry	**Reformer Pilates** 10:00-10:50am With Sam
		Reformer Pilates 10:00-10:50am With Lemi	**Mat Pilates** 10:00-11:00pm With Lemi	**Reformer Pilates** 12:00-12:50pm With Alli		**Reformer Pilates** 12:00-12:50pm With Sam
		Yoga 2:30-3:15pm With Josephine	**Reformer Pilates** 12:30-13:20pm With Sam			
		Reformer Pilates 6:00-6:50pm With Alli				